

APTA Indiana Southwest District Meeting: Virtual via Zoom
April 3, 2025 - 6 PM CST

TOPIC: PT Advocacy: Decisions are Made by Those Who Show Up

SPEAKER: Valerie Strunk, PT, DPT

Zoom Info:

<https://us06web.zoom.us/j/84903283608?pwd=ZH4KzSWUUS6maRUqilY6uubYjHS4QJ.1>

Schedule: 6:00 Business Meeting
6:15 Speaker Presentation

- I. **Call to order and meeting introduction:** Welcome everyone!
 - A. Call to order at **6:00 PM**
- II. **Officers' Report:**
 - A. Secretary/treasurer's report
 1. Tracking attendance/CEUs for virtual and in-person
 - a) Link and QR codes for attendance tracking
 - b) Post-test link and QR codes for virtual online
 2. Reviewed meeting minutes from Feb 26, 2025 meeting
 - a) "I move that we approve the minutes" Nicolette
 - b) "I second" Hannah
 - c) "If there are no objections, the meeting minutes will be approved"
 3. Current balance: \$431.56
 - a) Recent expenses
 - (1) 2 \$20 Chick-fil-A gift cards for February attendance prize
 - B. Vice Chair's report
 1. Secretary/treasurer nomination period extended until Friday, April 11th
 - a) Board will stay on Zoom after the conclusion of the meeting if anybody would like to ask questions or discuss the position
 - b) Less than 8 hours of commitment per semester, 3 years on board
 - (1) First year, serve as secretary treasurer - manage budget, meeting minutes, attendance reporting
 - (2) Following summer, transition to Vice Chair - arranging for 2 speakers per semester
 - (3) Third term, serve as chair - spokesperson for the board
 2. Call for speakers for August-November 2025
 - a) Choose your own meeting dates & location
 - C. Chair's report
 1. New Business
 - a) Looking for a new board member
 - b) Proposals for Combined Sections Meeting (CSM 2026, [Feb. 12-14, 2026: Anaheim](#)): [Key Dates](#)

- Session proposals: Now open; closes April 15, 2025
- Platform and poster abstracts: Now open; closes July 15, 2025
 - c) APTA Indiana Spring Meeting: April 12, 2025 at Bradford Woods in Martinsville, IN
 - (1) Free for APTA Indiana Members
 - (2) Register by April 7th
 - (3) 5.5 hours of CUEs (category 1)
 - (4) 9 am registration, 9:30-12 “Leading Emotionally is Not Emotional: How to Impact your relationships dynamically” followed by lunch, then 1-4 practicing intentional leadership: How to influence and prioritize meaningful work”

2. Old Business

- a) There are “Upcoming APTA Indiana Presentations” that can be found online at the APTA Indiana website.
- b) As a member, you get access to the [APTA Learning Center](#), which is filled with hundreds of CEU courses, including freshly updated series and brand-new offerings debuting this year. For example, there is an upcoming Professionalism and Ethics course series, and in 2025, there will be a persistent pain management course series and a primary care certificate series available. Cost is variable, but there are free courses, too.
- c) Meetings: All members are invited to attend each District Meeting, regardless of the District they live in. If there is a virtual option, you can find the Zoom Info on the District's Page of the [APTA Indiana Website](#)
- d) Follow our social media pages on Facebook and Instagram and also INAPTA.org

III. Business Portion Adjournment:

- A. “I can accept a motion to adjourn the business portion of the meeting” Sydney
- B. “I second” Cody
- C. Business meeting adjourned at **6:12 PM**

IV. Speaker Presentation: Dr. Valerie Strunk; PT Advocacy

V. Meeting Ending: **6:57 PM**