

APTA Indiana Southwest District Meeting: Virtual via Zoom
9/17/25 - 6 PM CST

TOPIC: New Grad 101: Interviewing/Negotiating, Benefits, and Loans

SPEAKER: Jake York PT, DPT

Zoom Info:

Zoom Link: [Join from Zoom Workplace app - Zoom](#)

Meeting ID: 886 8232 9013

Passcode: 024002

Schedule: 6:00 Business Meeting
6:15 Speaker Presentation

I. Call to order and meeting introduction: Welcome everyone!

- A. Call to order at **6:00 PM**
- B. Review Schedule: business meeting, then speaker announcement
- C. Introduce Alyssa as our incoming Secretary/Treasurer!

II. Officers' Report:

- A. Secretary/treasurer's report (Paige)
 - 1. Tracking attendance/CEUs for virtual attendees
 - a) Link and QR codes for attendance tracking (email link and link in chat)
 - b) Post-test link and QR codes for virtual online
 - 2. Reviewed meeting minutes from 4-3-25 meeting
 - a) "I move that we approve the minutes" Jake York
 - b) "I second" Kaytlin Smith
 - c) "If there are no objections, the meeting minutes will be approved"
 - 3. Current balance: \$331.56
 - a) Donation of \$100 to ACERace
- B. Vice Chair's report
 - 1. Call for Speakers for Spring 2026 meetings
 - a) Please reach out to me or any of the board members if you are anybody you may know is interested in presenting at one of our meetings
 - b) Meetings can be planned for Mon-Thurs and be hosted at a clinical or educational site
 - 2. Next meeting is Tuesday October 21st in person at the Stone Center and offered online via Zoom
 - a) Topic: The Core Curriculum: Bringing the Barbell to Physical Therapy

- b) Speaker: Brian Grant, PT, DPT, CSCS, Board Certified Clinical Specialist in Orthopedic Physical Therapy
 - 3. District Fundraiser
 - a) Chipotle on N Green River
 - b) October 29th 4-8 PM
 - c) 25% of sales will be donated to SW IN APTA District
- C. Chair's report
 - 1. New Business
 - a) October is National Physical Therapy month!
 - (1) PT Day of Service is Saturday, October 11th - PT's are encouraged to volunteer in their local community
 - b) Dry Needling Course October 10-12 at UIndy
 - (1) See email from IN APTA for details and registration
 - c) Indiana APTA Fall Conference is November 14-15th in Terre Haute, IN - hosted by Indiana State University
 - (1) See email from IN APTA for details and registration
 - d) APTA Combined Sections Meeting (CSM) is February 12-14th in Anaheim, California
 - (1) Register by November 5th for early bird rates
 - 2. Old Business
 - a) Follow our social media - Instagram and Facebook
 - b) APTA Learning Center for CEU's - some courses are free
 - c) All members are invited to attend each District Meeting, regardless of the District they live in. If there is a virtual option, you can find the Zoom Info on the District's Page of the [APTA Indiana Website](#)

III. Business Portion Adjournment:

- A. "I can accept a motion to adjourn the business portion of the meeting" Alyssa Seitz
- B. "I second" Jake York
- C. Business meeting adjourned at **6:10 PM**

IV. Speaker Presentation: Jake York PT, DPT

V. Meeting Ending: 07:04 PM