



Zero Balancing®

Life in Balance

Zero Balancing is a powerful body-mind therapy that:

- focuses on the whole person, even while addressing specific needs.
- addresses the bones, joints and soft tissue
- allows you to work with greater ease and efficiency
- addresses deep patterns in the musculoskeletal system.
- Enhances the other work you do with your client



Instructor: Mary L Behrens, PT

MaryLBehrens@gmail.com

Zero Balancing I

January 15-18, 2025

9:00am - 5:00pm EDT

Hendrick's Regional Health, Brownsburg, IN

In this four-day course you will learn:

- The basic Zero Balancing protocol
- Theory and principles of ZB
- To distinguish energy and structure through touch
- The skill of using energy as a working tool
- The energetic anatomy of the skeleton
- The theory and application of fulcrums
- How to give a ZB session

"One of the best courses for PT's. In my 42 years of practice I have attended 2-3 courses a year - over 100 courses. Zero Balancing is in the top 5% - a must attend!" Susan Blum, Physical Therapist

"There is no other modality that approaches Zero Balancing in terms of rapidly effecting core skeletal dynamics." Roy Capellaro, PT

"Zero Balancing has been a fantastic addition to my clinical practice as a neurologic physical therapist. I have been able to provide relief of a variety of symptoms, including pain, dizziness, restless legs, and sleep disturbance, with better efficiency than other treatment strategies and in a more holistic way." Dori Walterhouse, PT

Tuition: \$795 (Full Tuition)

\$595.00 SUPER SAVER by Nov 16, 2025

(Use code ZBHA200)

Register at:

<https://gqr.sh/teX4>



Check out our certification program:

www.zerobalancing.com