



2025 FALL CONFERENCE

FRIDAY, NOVEMBER 14
THE RED BARN AT SYCAMORE FARM
5001 E Poplar, Terre Haute, IN 47803

3:30-5:00 PM	APTA INDIANA BOARD OF DIRECTORS MEETING
5:00-6:30 PM <i>1 Category II Contact Hour</i>	APTA INDIANA BUSINESS MEETING
6:30-7:30 PM	MEET THE CANDIDATES & AWARDS RECEPTION AWARDS CEREMONY
7:30-10:00 PM	APTA INDIANA PAC FUNDRAISER, SPONSORED BY THE APTA INDIANA STUDENT SIG

SATURDAY, NOVEMBER 15
INDIANA STATE UNIVERSITY – COLLEGE OF HEALTH AND HUMAN SERVICES
401 N 4th Street, Terre Haute, IN 47809

7:00-8:00 AM	REGISTRATION & CONTINENTAL BREAKFAST			
7:00-8:00 AM	SIG MEETINGS			
8:00-9:30 AM <i>1.5 Category I Contact Hours</i>	SESSION 1 Beyond the Basics: Elevating Clinical Instruction Through Evidence and Innovation	SESSION 2 Sound Decisions: Physical Therapy Assessment and Treatment with Musculoskeletal Diagnostic Ultrasound	SESSION 3 When Your Patient Says “I’m Dizzy”: Practical Vestibular Skills for PTs Across Settings	SESSION 4 STUDENT TRACK Professional Bike Fitting: How Physical Therapist can excel in Other Niche Professions
9:30-9:45 AM	BREAK			
9:45-11:15 AM <i>1.5 Category I Contact Hours</i>	SESSION 5 High Fidelity: Delivering Interventions as Designed to Optimize Rehabilitation Outcomes	SESSION 6 Lifestyle Medicine and Preventive Care: Empowering Physical Therapists to Lead in Chronic Disease Management	SESSION 7 Expanding Therapeutic Horizons: Blood Flow Restriction Training Across the Continuum of Care	SESSION 8 STUDENT TRACK Pilates for Physical Therapy
11:15-11:30 AM	BREAK			
11:30 AM-1:00 PM <i>1.5 Category I Contact Hours</i>	KEYNOTE: BEYOND CONVENTIONAL REHAB: ADVANCING OUTCOMES WITH NUTRITIONAL SCIENCE			
1:00-2:00 PM	POSTERS - EXHIBIT HALL - LUNCH			
2:00-3:30 PM <i>1.5 Category I Contact Hours</i>	SESSION 9 Bridging Competency and Clinical Practice: Integrating Entrustable Professional Activities (EPAs) in Physical Therapy Education	SESSION 10 New and Innovative Dry Needling Applications		SESSION 11 STUDENT TRACK CrossFit in Physical Therapy: Uncovering the Uncommon Truths, Benefits, and Clinical Applications
3:30-3:45 PM	BREAK			
3:45-5:15 PM <i>1.5 Category I Contact Hours</i>	SESSION 12 THIS SESSION HAS BEEN CANCELED	SESSION 13 Hypermobility in Practice: A Blueprint for Success		SESSION 14 STUDENT TRACK Residency Panel Hosted by the APTA Indiana Student Special Interest Group