

SE District Meeting Minutes

Baptist Health Floyd Hospital

3/2/2017

SE District Member Present: Andrea Ammerman, Robin Sprigler, Linsey James, Kay Stevens, Tom Russell

SE District Members Absent: Joshua Rose, Diana Richmer

Guests: see attached sign-in sheet

Guest Speaker: Nate Nevin PT, DPT, AAOMPT; *Residency, Fellowship, and Certification*

Order of business:

- Meeting called to order at 7:08pm
- Quorum established
- Motion to approve agenda for 3/2/2017 meeting, first per Robin Sprigler and seconded by Linsey James
- Motion to approve meeting minutes from 11/1/16; first per Nate Nevin and seconded by Kay Stevens

SE District on Social Media:

- Facebook: Indiana Chapter APTA SE District
- Twitter: @INAPTA_sedistr
- Instagram: inapta_sedist
- Plan for Social Media Task Force to assist with social media posts regarding meetings, CEUs, PT Day of Service, fundraisers etc.

Legislative Update:

- Bill to move massage therapists to obtain a state license instead of certificate
 - Has been 'shut down' in the past, but there is a new chair so decision is pending
- Chiropractors want to include dry needling their practice act

Update from Indiana Chapter Executive Committee:

- At the State level have created new committees and task forces
 - PR Committee: focus on different topics in our practice, for example direct access
 - Service Task Force: further involvement in PT Day of Service (PTDOS)
 - New Professional Task Force: focus on students/new grad and emphasize education to this particular population to discuss APTA membership benefits as well as the Indiana Chapter to promote involvement
- Looking for volunteers from each of the districts

- Andrea has volunteered as a member of the service task force
- Spring Conference, April 1, 2017 of University of Indianapolis; regarding leadership and is more of a planning to address involvement
 - Free for members, \$60 for non-members
 - 3.5 hr AM session

ISPI (International Science of Pain Institute)Pain Courses:

- Planned to promote increased pain management education among PTs/PTA to coincide with the Choose PT First campaign to decrease opiate use.
- Chad Garvey, PT has an online course, designed to be an introductory course to the pain science courses. (Can be taken any time)
- First course: hosted by the Southern Regions and held at Ivy Tech on 2/4/17
- Second course, 3/11/17 at University of Indianapolis with topic on Headaches
- August 2017: 2 day course on Therapeutic Neuroscience Education
 - Keep an eye out for INAPTA email regarding this course for discounts

Elections for 2017:

- Need 1 additional member for the nominating committee
- Vice chair is up for re-election
- Contact Tom Russell or Kay Stevens for additional information.

Committee Reports:

- Vice Chair Report: Robin Sprigler without new reports
- Treasurer Report: reported per Andrea Ammerman; only \$220 spent this year, ~\$2500 remaining funds. We will also split the funds received from ISPI course with SW district
- Secretary Report: Linsey James without new reports
- Bylaws Committee Report: not present
- Nominating Committee Report: Plans to post elections on website and encourage additional participation from other clinic sites (currently a majority of the committee members are located from Baptist Health Floyd and Southern Indiana Rehab Hospital). Plan to hold election prior to next meeting in May with deadline to vote 4/3/17.

Round table discussion:

- Brainstorm Ideas for 2017
 - Nate Nevin suggested creating student positions (1-2 positions) within the committee to promote growth and involvement as well as to address social media task force.

- PAC Fundraiser ideas: plans again for Huber's wine tasting night; possible ideas of discounts for PT/PTA students as well as possible drawing of name for free admission. Also discussion of sponsoring a local race (5K) with district logo on race t-shirt.
- CEU ideas, district meeting ideas (guest speakers/locations): Andrea mentioned possible video host/conference call for more northern residents to reduce travel and to address different/larger meeting population.

Goals for 2017:

- INAPTA SE District will have 2 members join the 'Service Task Force'; Andrea Ammerman has currently signed up so our district just needs one additional volunteer.
- INAPTA SE District will hold 1 PAC fundraiser
- INAPTA SE DISTRICT will have at least 200 followers on social media (currently ~700 practitioners in our district)
- INAPTA SE District will create a 'Media Task Force'

Next scheduled Meeting:

- 5/2/17 at Ivy Tech; PTA students will be presenting poster presentations on various topics/patient populations.

Meeting adjourned at 7:30 pm

Submitted by Linsey A. James PT, DPT
Recording Secretary, SE Indiana District APTA